
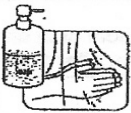
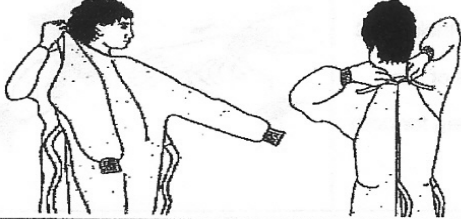


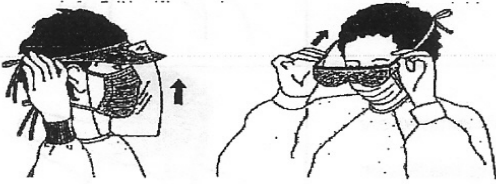



DONNING PERSONAL PROTECTIVE EQUIPMENT (PPE)

<p>1 Perform Hand Hygiene</p> <p><i>Images courtesy of justcleanyourhands.ca</i></p>		
<p>2 Put on Gown</p> <ul style="list-style-type: none"> • Select appropriate size and type • Opening to the back • Secure neck and waist • If gown is too small, use two gowns: <ol style="list-style-type: none"> 1. Gown #1 ties in front 2. Gown #2 ties in back 		
<p>3 Put on Mask</p> <ul style="list-style-type: none"> • Use a fluid resistant procedure mask or surgical mask or one step mask with attached eye protection • Place over nose, mouth and chin • Fit flexible nose piece over nose bridge • Secure on head with ties or ear loops • Adjust fit 		
<p>Or N95 Particulate Respirator</p> <ul style="list-style-type: none"> • Select respirator according to fit testing • Place over nose, mouth and chin • Fit flexible nose piece over nose bridge • Secure on head with top elastic followed by bottom elastic • Adjust to fit • Perform a fit check: <ol style="list-style-type: none"> 1. Inhale - respirator should collapse 2. Exhale - check for leakage around face 		
<p>4 Put on Eye Protection <i>(Unless one step mask with attached eye protection)</i></p> <ul style="list-style-type: none"> • Position goggles over eyes and secure to the head using the ear pieces or headband • Position face shield over face and secure brow with head band • Adjust to fit comfortably 		
<p>5 Put on Gloves</p> <ul style="list-style-type: none"> • Don gloves last • Select correct type and size • Insert hands into gloves • Extend gloves over isolation gown and cuffs 		

HOW TO SAFELY USE PPE

- Keep gloved hands away from face
- Avoid touching or adjusting other PPE
- Remove gloves if they become torn; clean hands before donning new gloves
- Limit surfaces and items touched



REMOVING PERSONAL PROTECTIVE EQUIPMENT (PPE)

<p>Where to Remove PPE</p> <ul style="list-style-type: none"> • At doorway, before leaving patient room or in anteroom • Remove N95 respirator outside room, after door has been closed 	
<p>1 Remove Gloves</p> <ul style="list-style-type: none"> • Grasp outside edge near wrist • Peel away from hand, turning glove inside-out • Hold in opposite gloved hand • Slide ungloved finger under the wrist of the remaining glove • Peel off from the inside, creating a bag for both gloves • Discard 	
<p>2 Remove Gown</p> <ul style="list-style-type: none"> • Unfasten ties • Peel gown away from neck and shoulder • Turn contaminated outside toward the inside • Fold or roll into a bundle • Discard in designated receptacle for reprocessing or disposal • Wash hands with soap and water or use an alcohol-based hand rinse 	
<p>3 Perform Hand Hygiene</p> <p style="text-align: center;"><i>Images courtesy of justcleanyourhands.ca</i></p>	
<p>4 Remove Eye Protection</p> <ul style="list-style-type: none"> • Grasp ear or head pieces with ungloved hands • Lift away from face • Place in designated receptacle for reprocessing or disposal 	
<p>5 Remove Mask</p> <ul style="list-style-type: none"> • Untie the bottom, then top tie or remove ear loops • Lift away from face while holding the ties or loops • Discard 	
<p>Or Remove N95 Particulate Respirator</p> <ul style="list-style-type: none"> • Lift the bottom elastic over your head first • Then lift off the top elastic • Lift away from face while holding the elastic • Discard 	
<p>6 Perform Hand Hygiene</p> <p style="text-align: center;"><i>Images courtesy of justcleanyourhands.ca</i></p>	